PASTORAL CARE

Week 1

Made in God’s image

1. Make a list of 6-10 things that describe you as different or unique
2. What connotations or images do the words “different” and “unique” bring to mind?
3. Our culture tries continuously to pressure us to conform, placing unrealistic expectations on youth. Tell us three ways you feel this situation or ways you feel you cannot be yourself.
4. Look up the following bible verses and choose the one that speaks to you and why.

 Psalm 8 Matt 5:13-16 2 Cor 5:1-5

Each of us is a precious creation of a loving God, willed into being by God for the purpose of completing the universe.

 Accepting and Honoring Others

1. Sheet answer yes or no the questions.

 Every human being has the same basic emotional needs

 The need for relationships with other people

 The need to belong and feel “one” with others

 The need for appropriate touching and feeling

 The need to be different and separate

 The need to care for and help other people

 The need to feel worthwhile valued and admired

 The need for power in our relationships and in our lives

1. Name three ways you feel you have not honored or respected others.
2. Read Rom 12:9-18 and tell how a statement in this propels you to change your actions toward others.